Flow Chart of Measures to Combat the New Coronavirus (for those in poor health)

1. **Serious symptoms such as shortness of breath, fatigue, or high fever**
2. **Symptoms of a cold such as a fever or cough (including relatively mild symptoms)**
3. **If you do not have a fever but feel unwell**

![Flow Chart Diagram]

- **Suspicion of infection**
  - **Yes**
    - **PCR or other Tests**
    - **Negative**
      - **Result of Tests for Infection**
        - **Positive**
          - Medical treatment in accordance with the instructions from the medical institution
        - **Negative**
          - **Act as instructed by the medical institution**
            - Feeling better
            - Signs of recovery:
              - All of the following conditions must be met:
                - At least 8 days have passed since the onset of symptoms.
                - 72 hours have passed since your fever disappeared without the need for fever-reducing medicine.
                - There has been an improvement in symptoms such as coughing and fatigue.
              - Your department will inform the university’s main office using a designated form.

- **No**
  - **Act as instructed by the medical institution**
    - Feeling better
    - Signs of recovery:
      - All of the following conditions must be met:
        - At least 5 days have passed since the onset of symptoms.
        - 72 hours have passed since the disappearance of symptoms.

For those who have been in close contact with others:

- **Those who have been in close contact with others**
  - **Investigation of close contacts**
  - **Identification of close contacts**
  - **PCR or other tests**
  - **A sign that you are recovering:**
    - No symptoms of poor health

Situation in which you are considered to have been in close contact with others:

1. If you were in close contact with a person confirmed to be infected within the 2-day period before they displayed symptoms and your hands made contact and you had not taken the necessary preventive measures.
2. If you were positioned face to face within an arm’s length of each other (about 1 m) for 15 minutes or more and you did not take the necessary measures against infection.
3. If you live with someone who has tested positive or have spent a long time with someone who has tested positive (including on journeys by car or airplane, etc.) etc.

Neither those who are being checked as to whether they are close contacts nor those who have been identified as not being close contacts are guaranteed to be completely clear of infection.

Aside from not going out for unnecessary and non-urgent reasons, etc., to prevent others from becoming infected, those who are being checked as to whether they are close contacts should keep an eye on their own health at home until they have been cleared, and those who have been identified as not being close contacts should keep an eye on their own health on return to work.

*The above flow chart is mainly to show how to respond when you are in poor physical condition and does not apply if you have taken a PCR test, etc. in connection with your work or other functions.

*If you receive a notification from the COVID-19 Contact-Confirming Application (COCOA) that you may have come into contact with someone who has tasted positive for COVID-19, please make contact immediately with a consultant as instructed by the app.

*Medical personnel should follow the rules set by their departments.

Contact for the Flow Chart:
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